

THE LONG HAUL

Volume 4, Issue 3

April/May 2009

Upcoming Events

May 10
Mother's Day

May 21
Ascension Day
(Germany)

May 22
USAREUR Training Holiday

May 25
Memorial Day

May 31
Whit Sunday
(Germany)

June 1
Whit Monday
(Germany)

June 2
Republic Day
(Italy)

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Year of the NCO

Sgt. First Class John Barbeau knocks 'em down!



Sgt. First Class John Barbeau, 2nd Battalion's Non-Commissioned Officer in Charge, competed in the U.S. Armed Forces Europe Bowling Championship in Heidelberg.

This isn't your average family bowling night. Bowling bags on wheels are filled with hand towels, ball cleaners, rosin pouches and wrist braces. Bottles of Alleve® litter tabletops and energy drinks are the beverage of choice. This is a game where a 7/10 split elicits clenched jaws, shaking heads and muttered curses.

That score is a rarity here, though. Here, eight strikes out of ten frames is considered only slightly better than average: This is the 2009 U.S. Forces Europe Bowling Championship, and the 405th Army Field Support Brigade was well represented. **Sgt. First Class John Barbeau, John Hamm and Alex Winisette** all competed in this year's tournament.

The USAFE Bowling Championship is a grueling affair. Over three days, competitors must participate in team, doubles and singles events for a total of 18 bowling games.

Barbeau and Hamm, together with **Sgt. First Class Ray Austin** and **Spc. Kevin Reasoner**, took third place in the overall team event.

Barbeau, who recently returned to the sport after a 12 year hiatus, has been bowling since his parents introduced him to the sport as a child.

"I love the competition and just letting off some steam," Barbeau said. "I also love trying to accomplish the ultimate goal of shooting a 300 game and an 800 series, which I finally did in February."

Continued on Page 3

LEADERSHIP NEWS



Col. Jack Haley
405th AFSB Commander

*“Stay focused
on the
objective.”*

Last month, I hosted a brigade commander’s conference for key leaders of our staff. I’d like to share some of the information presented at that conference with you.

I greatly value my time as your commander. No where else in the Army does a colonel brief a four-star general on a weekly basis. I know that our mission is important, and that importance is recognized by commanders at the highest level of our Army. I encourage each of you to stay focused on the objective and keep your time proportional to your priorities.

I value our agility—the way that we can quickly react to situations, and I believe that our deployable technical expertise with our logistics assistance representatives is one of the keys to our success as an organization.

Over the next few months,

I intend to focus on a number of things, including our internal and external communication methods, the development of standard processes, leader development and engagements with other units. We could easily wait for people to come to us, but we need to be aggressive in showing the Warfighters what we can do for them. I do not want us to become a lethargic organization.

I also want to emphasize that I am a strong believe in personal education and encourage each of you to read various materials to broaden your scope. I believe reading inspires professional development, promotes professional discourse and enhances the fundamentals. See page four for my personal reading list.

Thank you for all that you do. *Maintain the Line...Anywhere, Anytime!*



405th AFSB CSM
Ismael Rodriguez

Spring is here, and with forces ultimately succeeded in spring and during this month of May comes *Cinco de Mayo*, and occupying it until 1867.

Mothers Day and Memorial Day. I wanted to share some tidbits of information on these three holidays:

May 5 - *Cinco de Mayo* (the "Fifth of May" in Spanish) commemorates Mexico's victory over French forces in the Battle of Puebla on May 5, 1862. Unfortunately, this initial victory was short-lived. The French onslaught continued, and French

Cinco de Mayo is **not** Mexico's Independence Day, as some assume. Mexico had officially gained its independence from Spain some four decades before the conflict with France. Mexico celebrates Sept. 16 -- the anniversary of the start of its War for Independence from Spain -- as its Independence Day (called "*Grito de Dolores*").

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NEWS

USAFE Bowling Championship

(continued from front page)

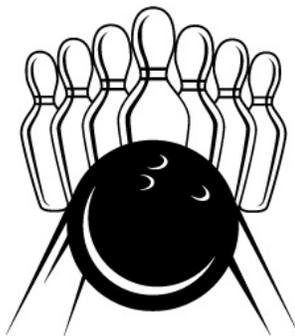
Winesette played on Heidelberg Team 1 with **Percy Morgan**, **Steve Hetu** and **Mike Lowery**. A bowler for more than three decades, Winesette has made the rounds of many bowling leagues.

“I’ve been bowling in the championships for the past eight years for Heidelberg,” Winesette explained. “I bowled All army for two years and for Team USA for one year, and I’ve been a (Professional Bowling Association) bowler since 1990. I love the one-on-one competition of the sport, and I relish the sound of a strike.”

Hamm has been a bowler since his military days.

“I started bowling in the mid-80s in Bamberg,” Hamm stated. “At the time, I was in the military, and to pass the time while not in the field, I got onto a team and enjoyed the competition and bowling with other Soldiers.”

Whatever the motivation, bowling has given these guys a great opportunity to share a hobby and build friendships, and they’re sure to be back in Heidelberg next year for the championships.



COL HALEY’S READING LIST

Why We Fight

The Constitution
Declaration of Independence
Gettysburg Address

Leadership

Platoon Leader
A Message to Garcia
We Were Soldiers...
Once an Eagle

Management

Good to Great
(By Jim Collins)
Leading Change
(By John Kotter)
Leading From the Heart
(By Mike Krzyewski)

Creativity & Innovation

The Fifth Discipline
(By Peter Senge)
Orbiting the Giant Hairball
(By Gordon MacKenzie)
Think Like Leonardo DaVinci
(By Michael Gelb)

NEWS

3/405th AFSB Maintains its Maintenance Training

By Chief Warrant Officer 5 Robert Carter

The 3/405th AFSB at Camp Darby, Italy, recently completed two phases of maintenance training. During the first phase, battalion personnel received training from a two-man team from Redstone Arsenal in Huntsville, Ala. The team conducted training to 34 mechanics. Arms Training Center in connection with Central Texas College in Vilseck, Germany, trained 25 mechanics. Additional technical over-the-shoulder maintenance for M2 Bradley Fighting Vehicles continues at the battalion with **Todd Davis**, BAE field service representative.

The battalion is dedicated to meeting the needs of its customers through the development and marketing of the highest quality products through training and dedicated work. With the rapid advancement and wide implementation of electronically controlled components on military equipment, maintenance personnel have to constantly hone and enhance their skills.

The maintenance team continued their training on the utilization of the Maintenance Support Device (MSD V2) system on track vehicles. (The first phase of the training concentrated on wheeled vehicles.) **Donald Bretch** and **Vincent Williams** from the Combined

The MSD V2 is a diagnostic tool operating on the Windows® XP Professional platform that interfaces with a vehicle's Electronic Computer Unit or electronically-controlled components. The training will help eliminate duplication of work, decrease repair cycle time, take advantage of improved diagnostics and have each mechanic participate in connecting and performing several imbedded diagnostic tests with MSD V2 on the M1, M2 and M109A6. Now that the mechanics have a better understanding of what the MSD V2 device can do for them, the MSD will not become a tool collecting dust in a maintenance facility tool room.



Mechanics working for the 3/405th AFSB at Camp Darby, Italy, recently received two phases of maintenance training designed to hone their skills and ensure that the battalion's maintenance operations remain up-to-date on the latest technology. *Photo provided by Chief Warrant Officer 5 Robert Carter*

Dozens of maintenance personnel at the battalion received training on the maintenance support device, a diagnostic tool that interfaces with a vehicle's electronic computer unit. *Photo provided by Chief Warrant Officer 5 Robert Carter*



NEWS

CSM Rodriguez's Column (continued from page 2)

In fact, *Cinco de Mayo* ranks as only a May regional holiday in Mexico (primarily in the state of Puebla). It is not celebrated as a national holiday. But in the United States and in other parts of the world, it has developed into a celebration of Mexican heritage and pride.

May 10 – Mother's Day - The custom of setting aside a day to honor mothers can be traced all the way back to the days of Ancient Greece. This school of thought claims this day emerged from a custom of mother worship which kept a festival to [Cybele](#), a great mother of Greek gods. The [ancient Romans](#) also had another holiday, [Matronalia](#), that was dedicated to [Juno](#), though mothers were usually given gifts on this day. In England, "Mothering Day" gave servants a day to go home and spend with their families. Yet it was not until 1872 that Julia Ward Howe called for the first U.S. Mother's Day celebration in Boston. In 1907, Anna Jarvis launched a campaign for a national Mother's Day. In 1914, President Woodrow Wilson made the official announcement, declaring Mother's Day the second Sunday of

May 25 - Memorial Day (also known as Decoration Day) is a U.S. federal holiday observed the last Monday of May. Memorial Day is a day set aside to honor the memories of the countless men and women who have given their lives in service to their country.

The first national Decoration Day observance was held May 30, 1868, as a tribute to the countless Union and Confederate soldiers killed during the conflict. Following World War I, the focus of the holiday expanded to include all U.S. soldiers killed in war or military action.

Decoration Day was officially renamed Memorial Day by federal law in 1967. Memorial Day was moved from May 30th to its present position on the calendar by the Uniform Holidays Bill of 1968.

(Sources of information: <http://www.theholidayzone.com/> and <http://www.wikipedia.com>)

And now you know.... the rest of the story.



In anticipation of setting up a forward command post in support of the Austere Challenge 09 military exercise, brigade personnel, including **Lt. Col. Eric Helm** (center) trained on setting up field tents at Germerheim Army Depot prior to the exercise beginning. *Photo provided by Russell Price*

NEWS



ATTENTION!

The Long Haul is required by U.S. Army Europe to publish the following in command publications on a quarterly basis:

DO NOT PROCESS, STORE, OR TRANSMIT CLASSIFIED INFORMATION ON NONSECURE TELECOMMUNICATIONS SYSTEMS. OFFICIAL DOD TELECOMMUNICATIONS SYSTEMS - INCLUDING TELEPHONES, FACSIMILE

MACHINES, COMPUTER NETWORKS, AND MODEMS ARE SUBJECT TO MONITORING FOR TELECOMMUNICATIONS SECURITY PURPOSES AT ALL TIMES.

USE OF OFFICIAL DOD TELECOMMUNICATIONS SYSTEMS CONSTITUTES CONSENT TO INFORMATION SYSTEMS SECURITY MONITORING.



Staff Sgt. Stephen Walker grimaces during the Total Fit Training session presented by Command Sgt. Maj. Ismael Rodriguez at the 3/405th AFSB. The Total Fit Training program includes running, jumping, lifting and pushups and offers Soldiers a variety of activities to alleviate the potential boredom of physical training.

Total Fit Training: A New Kind of PT

A new physical training (PT) program has been implemented throughout U.S. Armed Forces Europe. The Total Fit Training program focuses on injury prevention and performance improvement.

“The program is designed to prepare us for deployment rather than to simply train us to pass a PT test,” explained **Command Sgt. Maj. Ismael Rodriguez**. “The program is designed around speed, agility and strength and conditioning programs.”

One of the key elements of the program is the “train the trainer” initiative. Unit leaders, such as Rodriguez, have been trained on the program. Unit leaders then travel to lower-level units and train personnel at those organizations on the program so that it can be implemented at all levels of unit’s organizations.

“I’m an ardent supporter of this program,” Rodriguez stated. “It’s easy to learn and it’s quick to execute, and it gets you in shape and keeps you in shape quickly.

(For more information on the Total Fit Training Program, contact Command Sgt. Maj. Rodriguez.)

NEWS



IMCOM-E safety officials urge summer swimming safety

Installation Management Command-Europe press release

Anyone thinking that a nearby pond or stream might make for a good swimming hole during a hot summer day just might be jumping into trouble.

“It may look nice and feel warm on the surface, but two feet down may be very cold or possess hidden dangers like broken glass or sudden drop-offs,” said **Mike Schwarz**, Installation Management Command-Europe (IMCOM-E) Region chief of safety. “Also, some ponds may contain runoff ‘fertilizers’ from farms making the water quality questionable.”

Schwarz said many serious injuries occur when people jump in waters that were not previously surveyed for safety hazards. Bottom line: “People should only swim at authorized lakes and outdoor locations – they meet host nation water-quality and safety standards.”

As IMCOM-E safety officials eye an increase in swimming activity, Schwarz said U.S. Forces personnel seeking a cool reprieve from summer heat should seek refuge at U.S. installation pools, host nation swimming facilities or authorized local swimming locations to be safe this summer season. Local garrison safety offices can provide you more information on authorized local swimming locations.

“Because many facilities, such as Edelweiss in Garmisch and host nation commercial facilities throughout Europe have indoor swimming pools, swimming safety is a year-round issue for our people,” he

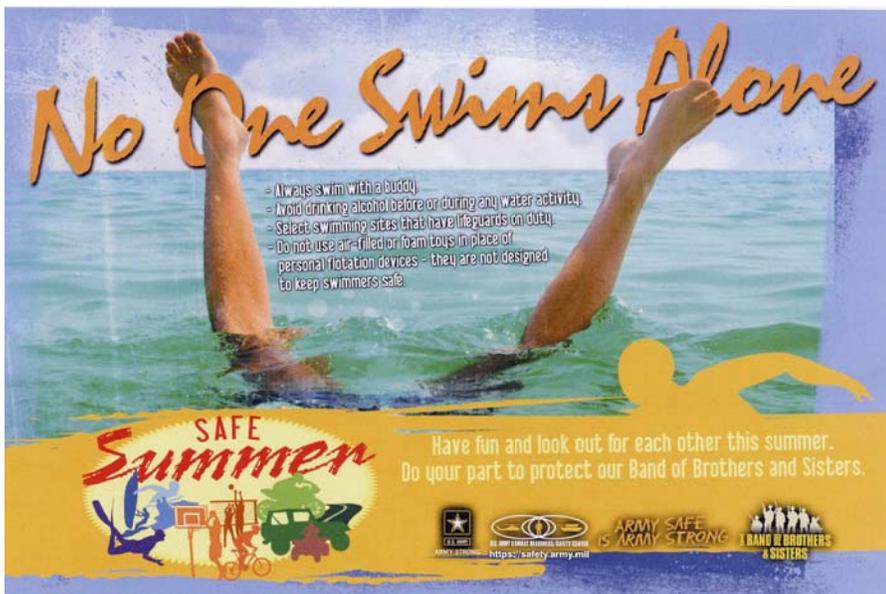
said. “Now that we are experiencing weather that lends itself to increased swimming activities, it’s important we remind people to think SWIMMING SAFETY first, because accidents can happen anywhere.”

Schwarz emphasized that parents need to carefully supervise children.

“It only takes a moment for a child in a swimming pool to get in trouble. If a parent is distracted or turns away for only a brief time, a drowning situation could occur,” said Schwarz. “Many parents who have been in this unfortunate situation have said the same thing, ‘I only looked away for a second.’ Parents must supervise children at all times.”

While U.S. military installations have life guards at swimming pools, host nation facilities often don’t, said Schwarz. So, while it’s still important for parents to supervise at a U.S. military pool, it’s all the more important for parents to carefully watch their children when visiting a host nation facility.

“Many host nation facilities offer great swimming pools, slides and a lot of fun activities. I encourage people to check out host nation swimming pools,” said Schwarz. “However, people must be aware that facilities may not have life guards. So, check the facility out and know where lifesaving equipment is located in case you need it. But most importantly, if a parent, supervise your children; if you’re older with friends, keep an eye out for each other.”



For More Information:

405th AFSB Safety Officer

LeMarco Walter

DSN: 375-3608

NEWS

CIVILIAN MISCONDUCT: FALLACIES DEBUNKED

By Doug DeMaio, U.S. Army Garrison Bamberg Public Affairs

Who hasn't seen the television documentary show Cops? It shows some of the uglier parts of human society; it also portrays some heartbreaking realities.

Mistakes, poor judgments, violence, abuse or neglect can lead to adults going to jail, spouses going to homeless shelters and children being ordered to foster care. There's a sense of disturbance people feel when witnessing emotional suffering. In other words, a crime will almost certainly have a victim whether it's deliberate or unintentional.

Watching these events unfold on television and seeing the suffering they can cause, one might think a garrison community is immune to these ugly realities. Yet the military is a microcosm reflecting the rest of human society. No one knows this better here than the Civilian Misconduct Action Authority (CMAA), his assistant and the Provost Marshal.

"Denying the fact these events take place in the military is a misrepresentation of the truth," said **Duane Kozel**, the assistant CMAA. "The one thing our community can be assured of is we take these matters seriously and investigate the incident thoroughly."

When a law has been broken, the Military Police (MP) and local German authorities get involved, said **Sgt. 1st Class Calvin Newman**, Bamberg's acting provost marshal. While a Soldier can be subject to the Uniformed Code of Military Justice, family members and civilians can't, Newman said. Civilian misconduct is used as a surrogate to the German judicial system when officials believe the matter can be dealt with internally.

"We contact the German authorities almost every time we have an incident involving a civilian," Newman said.

The MPs don't have to call the Polizei (German police) for situations involving a family member or civilian, but Newman said it's important they are involved in the situation.

"There is a myth out there," he noted. "Some people believe that since they're a civilian, MPs are not allowed to detain, arrest or apprehend them. I'm here to tell you this is a big misconception. We have the authority to apprehend anybody on the installation. The Polizei's authority supersedes ours, and they can decide whether they would like to prosecute the case.

"Typically, German law enforcement will let the military leadership handle the case through civilian misconduct, but they aren't required to," he said.

All family members who reside overseas with a sponsor should be command-sponsored family members. The details for allowing a family member to reside with a sponsor are agreed on in a Status of Forces Agreement. Penalties through the civilian misconduct program can include warning letters, community service, restitution or loss of privileges.

Shoplifting, larceny, fighting and assault, damage to property, drunk and disorderly conduct, unauthorized use or possession of a controlled substance, driving while intoxicated, vehicle and traffic violations, child neglect, spousal abuse, truancy, misuse of ration card, purchase, or postal privileges, and others are all offenses that can be committed by civilians. And the CMAA will hold them accountable.



Army Europe Libraries Debut New Website

Information Provided by Michael McNulty,
European Regional Library Support Center

U.S. Army Europe libraries have designed a new website that is an endeavor that aims to turn a computer into a personal eLibrary when you visit www.library.eur.army.mil. In addition to an updated look, users will notice improved navigation and a variety of enhancements, including specialized pages – for Soldiers, teenagers and children – that cater to the interests and needs of customers.

FIGHT THE GOOD FIGHT

KEEP MOLD OUT OF YOUR HOME

Information Provided by Trecia Wilson, U.S.
Army Garrison Bamberg Public Affairs

Mold is a constant threat to homes in Europe, but by following these easy suggestions, you can help keep mold at bay and keep your home free of irritants caused by the mold spores:

- * Air out your bathroom thoroughly after taking showers and baths.
- * Air out your home thoroughly at least twice a day for ten minutes. (Windows need to be opened completely, not just slanted.)
- * Use your ventilation system when cooking and taking showers and baths.
- * Report leaking pipes to prevent water damage to the environmental or housing office or to your landlord.

NEWS



BE HEARD!

DOD SEEKS INPUT TO OFF-POST HOUSING SURVEY

U.S. Army Europe and 7th Army press release

Officials with the Department of Defense's Defense Travel Management Office (DTMO) are asking overseas servicemembers in Germany who live in privately leased housing and receive Overseas Housing Allowance (OHA) to take part in its annual OHA Utility and Move-in Expenses Survey from May 4 through June 3.

The survey, which is designed to collect information on utility, recurring maintenance and move-in expenses, is used to keep the OHA rates for overseas areas up to date, DTMO sources said. Because accurate figures are

needed, officials added, they recommend survey-takers have records and receipts that reflect actual housing expenses on hand when taking the survey.

The survey will "go live" on the internet beginning May 4, at <https://www.defensetravel.dod.mil/oha/survey/utilitymiha.html>.

For more information, call Kathleen Hammond or Tom Libera at DSN 312-426-7370 or commercial 001-703-696-7370 or via e-mail at Kathleen.hammond@dtmo.pentagon.mil or tom.libera@dtmo.pentagon.mil.



Col. Jack Haley (left), commander of the 405th AFSB, congratulates newly-promoted **Lt. Col. Gregory Dow** after his promotion ceremony. Dow serves as the Logistics Support Officer and Contractor Officer Representative for LOGCAP Task Order 122 in the Republic of Georgia.



405th AFSB S-6 Provides Microsoft® Office 2007 Training Modules

The 405th AFSB S-6 has established training modules for the new Microsoft® Office 2007 operating system.

"These PowerPoint slides will help improve the use of Office tools greatly," said **Travone Toles**.

To access the training modules, follow these steps:

1. Access the "all users" or "I" drive on your computer.
2. Open the "6-IT" folder.
3. Open the "Access 2007 Training" folder.
4. All training materials on the new Microsoft® Office operating system are located in that folder.

For additional assistance, contact the 405th AFSB S-6.

NEWS



H1N1 Outbreak Reaches Europe

Information provided by Europe Regional Medical Command, the Center for Disease Control, the Department of State and the Department of Homeland Security

Germany has reported its first cases of the H1N1 influenza, and the World Health Organization has raised its influenza pandemic alert level from phase three to phase four, indicating the virus is capable of significant human-to-human transmission. Spain and the United Kingdom have also reported cases.

U.S. military officials in Germany are carefully monitoring the situation.

"It's important for you all to understand that there is no cause for panic or alarm," wrote **Lt. Gen. Eric B. Schoemaker**, U.S. Army surgeon general in his blog. "Antiviral drugs are available in the event you become ill; and there are preventive measures you can take to stay healthy."

According to a Department of Homeland Security press release, the Department of Defense has procured and strategically prepositioned 8.2 million treatment courses of Tamiflu to preserve the ability of servicemen and women and DoD civilians to provide for national defense and sustain current military operations.

The Department of State continues to warn against non-essential travel to Mexico. The U.S. Embassy in Mexico City and all U.S. Consulates in Mexico also have suspended all non-essential services to the public until May 6.



What You Can Do

- * Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- * Wash your hands often with soap and water, especially after you cough or sneeze. Alcohol-based hand cleaners are also effective.
- * If you become ill with influenza-like symptoms, including fever, body aches, runny nose, sore throat, nausea, vomiting or diarrhea, you may want to contact your health care provider.
- * If you get sick with influenza, the Centers for Disease Control and Prevention (CDC) recommends that you stay home from work or school and limit contact with others to keep from infecting them. Avoid touching your eyes, nose or mouth.

Online Resources for Information

Europe Regional Medical Command
<http://www.healthcare.hqusareur.army.mil/>

Center for Disease Control & Prevention
<http://www.cdc.gov/h1n1flu/>

U.S. Department of State
http://travel.state.gov/travel/cis_pa_tw/pa/pa_4493.html

NEWS

Welcome Aboard!

MSG Paula Powell

405th AFSB

Mark Stevens

3/405th AFSB

Farewell!

Regina Stelker

TASM-E

David Storts

TASM-E

Steve Ebersole

TASM-E

Wayne Gilstrap

405th AFSB

Carlos Cruz

405th AFSB

Carmen Finstad

405th AFSB

Larry Jenkins

405th AFSB

Dimitrus Lowe

405th AFSB
(ManTech)

Roy Foots, formerly assigned to the 405th AFSB support operations office, is now assigned to the 1st Battalion.



AER Deadline Approaches

From an Installation Management Command, Europe Region press release

When asked why people should contribute to the Army Emergency Relief (AER), **Jane Helfrich** has a quick answer.

“It’s about Soldiers taking care of Soldiers,” said Helfrich, the chief of Installation Management Command-Europe’s Army Community Service.

AER, which began its annual campaign in March and ends May 15, bills itself as “the Army’s own emergency financial assistance organization.” It assists Soldiers with interest-free loans and grants, along with tuition money for family members. Money for the program comes from voluntary donations by Sol-

diers and civilians, and from investments made by AER. Last year, AER provided \$83 million to 72,000 Soldiers and families. About 24 percent of that amount was in the form of tax-free grants and 76 percent was for interest-free loans.

For more information on AER or to make a contribution, contact **Sgt. First Class Natriena Lopez** in the 405th AFSB S-3 at DSN 375-8342 or via email at natriena.lopez@eur.army.mil. Information can also be found at the AER website at www.aerhq.org.

FEATURES



Congratulations to **Tina Pascua**, 2nd Battalion, for completing the requirements for the German hunting course and receiving her German hunting license. Or, as the German hunters say, “*Waidmannsheil!*” (The image at left is of the St. Hubertus hirsch. St. Hubertus is the patron saint of hunters, and the European hirsch plays an integral part in Hubertus’ life story. For more information on St. Hubertus, the hirsch and German hunting traditions, visit <http://en.wikipedia.org/wiki/Hubertus>.) Also, congratulations to **Lt. Col. Tony Davila**, LBE PMO, for being elected president of the Baumholder Rod and Gun Club Stammtisch.

(Right) Kilimanjaro’s summit looks close from this photo along the trail, but Brezinski says, “Looks can be deceiving.” *Photo provided by Ray Brezinski*



(Left) Brezinski paused on the eastern rim of the summit at approximately 19,200 feet. *Photo provided by Ray Brezinski*

Ray Brezinski, a ManTech contractor working in the 405th AFSB S-8, recently returned from Africa where he spent his vacation climbing Mt. Kilimanjaro in Tanzania. In his own words: “I have always been fascinated by mountains. Kilimanjaro became my focus because you really do not require any specialized mountaineering experience. Mt. Kilimanjaro is also one of the “Seven Summits Climbs” - the highest point on each continent. It was very demanding physically. Every day we were trekking for about eight to nine hours, and for the first six days, it always included a significant vertical climb of around 1,100 meters, some of which required free climbing. On the day we summated, we began climbing at 10:00 p.m. and actually reached the top at 7:00 a.m. the next morning.”

THE LONG HAUL

COMMANDER & PUBLISHING AUTHORITY

Col. Jack Haley

PUBLIC AFFAIRS OFFICER & EDITOR

Jennifer L. King

The Army newsletter *The Long Haul* is an authorized publication for members of the Department of Defense. Contents of *The Long Haul* are not necessarily the official views of, or endorsed by, the U.S. Government, or the Department of the Army. The editorial content of this publication is the responsibility of Ms. Jennifer King, 405th U.S. Army Field Support Brigade Public Affairs Officer.

The Long Haul can be reached in writing at the following address: 405th Army Field Support Brigade, ATTN: Public Affairs Officer, Unit 29331, APO AE 09266. Via telephone: 49 621 487 5022, DSN: 314-375-5022. Via email: jennifer.leigh.king@eur.army.mil.