



REPLY TO
ATTENTION OF:

UNCLASSIFIED

DEPARTMENT OF THE ARMY
HEADQUARTERS US ARMY SUSTAINMENT COMMAND
1 ROCK ISLAND ARSENAL
ROCK ISLAND IL 61299-6500

AMSAS-CG

4 Jan 2012

MEMORANDUM FOR All U.S. Army Sustainment Command (ASC) Organizations

SUBJECT: Winter Walking Safety

1. Team - walking to and from parking lots or between buildings during the winter requires special attention to avoid accidents. Slips and falls are the most frequent cause of injuries during the winter months, and there are things you can do to prevent them.

2. Keep the following tips in mind when walking outdoors in winter conditions:

a. Give yourself extra time and stay focused. Make sure you can hear what is going on around you. Don't talk on your cell phone while walking. Use care when entering and exiting vehicles; use the vehicle for support. Even on the cleanest parking lots and sidewalks, looks can be deceiving, so expect to encounter slippery surfaces. Be particularly careful at building entrances, stairs, and foyers as these areas frequently thaw and then refreeze. Water from melting ice on the floor can lead to slippery conditions.

b. Wear proper footwear. Avoid boots or shoes with smooth soles, such as plastic or leather, and high heels. Instead, wear shoes or boots that provide traction on snow and ice, such as boots made of non-slip rubber or neoprene with grooved soles. Remove as much snow and water from your footwear as you can.

c. Walk slowly on slippery or uneven surfaces. Keep your hands at your sides, not in your pockets, for balance. Bend slightly, walk flat-footed with your center of gravity directly over the feet as much as possible, and take small steps. Use designated walkways and handrails when available. ✕

3. Continue your efforts to make this winter a safe one, and be sure to report any safety concerns to your supervisor and safety office. Stay safe.


PATRICIA E. MCQUISTION
Major General, USA
Commanding

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